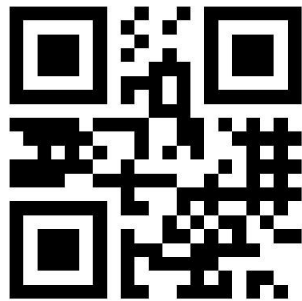
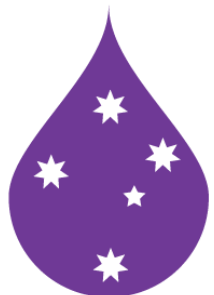


We want to encourage all HPN consumers in Australia and New Zealand to join us and exchange your experiences, challenges and achievements.

Check out our website and join our mailing list:  
[www.pndu.org](http://www.pndu.org)



Or you can email us with questions and request an invitation to join our private forums:  
[contactpndu@gmail.com](mailto:contactpndu@gmail.com)



**PNDU**  
Parenteral Nutrition Down Under



**PNDU**  
Parenteral Nutrition Down Under

Useful Information for  
patients going Home on  
Parenteral Nutrition



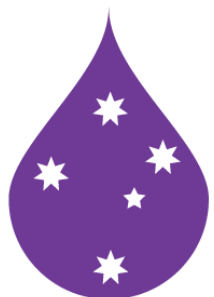
*Hi! I'm  
Down-Under-Dan  
and I'm on  
Home Parenteral  
Nutrition*

PNDU is a support group set up specifically by and for Australian and New Zealand Home Parenteral Nutrition (HPN) consumers and their families/carers.

***“Our aim is to Support, Research and Inform Consumers, Carers, and Providers of Parenteral Nutrition for Intestinal Failure”***

Together we can provide comfort, strength and support to each other, and together we can work with the medical profession and industry for the benefit of all HPN consumers in Australia and New Zealand.

If you would like to find out more about PNDU and receive a new member pack (including newsletter, Travel Information Booklet, Restaurant Card), please contact us at [contactpndu@gmail.com](mailto:contactpndu@gmail.com)



**PNDU**  
Parenteral Nutrition Down Under

### What is Parenteral Nutrition or PN?

**PN** means being fed intravenously, when it is not possible to eat normal food because of Intestinal Failure.

### What is Home Parenteral Nutrition or HPN?

**HPN** is receiving your PN in your own home, usually after you have been trained by your hospital team.

### What is Intestinal Failure or IF?

**IF** is reduction of gut function to below the minimum necessary for absorption of nutrients, water, vitamins and electrolytes. This means it becomes impossible to eat or absorb goodness from food of any kind—whether it is normal food or special formulas, modified diets or tube feeds—so you need PN to live.

### Where can I get more information on HPN?

You should refer all medical questions to your hospital team but if you want to receive support from others like you who are on HPN, you can join PNDU.